

Improving Teenagers Purpose in Life: The Impact of Incorporating Death Education into Health Education Curriculum

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The goal of this research is to understand the impact of incorporating death education into the health curriculum of middle schools with a purpose to see the meaning of life in teenagers. A quasi-experimental design was adopted. Four classes of 8th grade students from the TL junior high school in Chiayi county were selected as subjects and randomly divided into an experimental group (n=55) and a control group (n=53). The experimental group took a series of death education courses for 8 weeks, while the control group did not. The Purpose in Life Tests were administered a week before, a week after, and six weeks after the death education courses as the pre-test, post-test, and post-post-test of intervention to all subjects to evaluate their purpose in life. The data was analyzed by One-Factor Analysis of Covariance (ANCOVA) with an alpha value of .05 levels. The result shows that infusing death education into the health curriculum in middle school could increase the purpose in life to junior high school students. The result was discussed and suggestions were made for future research and applications.

Keywords: adolescent, death education, purpose in life

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