

A New Approach to Drug Education: Infusing Spiritual Dimension of Life Education into Curriculum on Drug Abuse Prevention

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Drug abuse among adolescents is becoming a serious social problem in Taiwan. With an attempt to cope with the issue, the purpose of this study was to figure out the whole picture of the drug abuse curriculum, by analyzing current theories on drug abuse and exploring the availability of existing curriculum approaches to drug abuse prevention worldwide. Based on the concept of Frankl's logotherapy, the present study proposed a new approach to drug education: infusing spiritual dimension of life education into the drug abuse prevention curriculum. Biological, psychological, behavioral, and social aspects are integrated into the approach, with the spiritual dimension being its center and base. The present study claimed that this new approach can be beneficial to the development of drug abuse prevention curriculum for both schools and government agency of health.

Keywords: drug education, drug education curriculum, logotherapy, life education

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