

The Concept of Responsibility of High School Students in Physical Education

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Current study attempted to narrow the gap in the existing literature by examining the concept of responsibilities of high school students in physical education through qualitative methods. Twelve high school students were interviewed. The data were conceptualized through the grounded theory. The results indicated the responsibility of students in physical education contained eight sub-themes. Among them, “effort”, “self-direction”, “following classroom norm”, and “maintaining the field and equipment” could further develop advanced themes “personal responsibility”. In addition, “respect for others”, “care and help”, “sportspersonship”, and “teamwork” would develop the advanced theme of “social responsibility.” The integrated concept of responsibility of high school students in physical education was therefore constructed. There is sufficient evidence that supports the results of current study yet future studies should further confirm the concept of responsibility proposed in this study.

Keywords: Adolescent, Grounded theory, Qualitative research, Responsibility model

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